



Cochise County Jail Provider Note

PATIENT: Kristina Hills

DATE OF BIRTH: 09/17/1976

DATE: 03/28/2019

HISTORIAN: Inmate

VISIT TYPE: Acute complaint

HPI: Complaints of cough, head congestion x 6 days. I/P was sent for CXR which has been reported negative. I/P states she's coughing up phlegm which is yellow. Denies fever, chills, N/V. States ear was hurting last week.

PAST MEDICAL/SURGICAL HISTORY: Hep C (per I/P, "took two Hep C shots"), TBI 2012, Osteomyelitis in spine, PID in November 2018(treated), RA

FAMILY HISTORY: Not on file

SOCIAL HISTORY: History of IVDU heroin, Marijuana. Positive for Tobacco. Denies ETOH

CURRENT MEDICATIONS: none

ALLERGIES: NKMA

REVIEW OF SYSTEMS:

System	Neg/Pos	Details
Constitutional	Negative	Fatigue, fever, night sweats
ENMT	Positive	nasal congestion
Eyes	Negative	Eye discharge, vision changes, vision loss
Respiratory	Positive	Productive Cough
Cardio	Negative	Chest pain, claudication and irregular heartbeat/palp
GI	Negative	Bloating, Abdominal pain, Constipation, N/V/D
GU	Negative	Dysuria, Hematuria, Polyuria, penile or vaginal DC
Endocrine	Negative	Cold/Heat intolerance, polydipsia, polyphagia
Neuro	Negative	Gait disturbance
Psych	Negative	Anxiety and depression
Integumentary	Negative	Pruritus and rash
MSK	Negative	Joint swelling, muscle weakness
Heme/lymph	Negative	Unusual bleeding or bruising
Allergic/Immuno	Negative	Environmental allergies or Food allergies

VITAL SIGNS- BP mm/Hg: Weight/BMI:
Temp/Pulse/Resp: SPO2: (See orders for VS)

FUNCTIONAL STATUS: Performs ADLs without assistance

COGNITIVE STATUS: normal

PHYSICAL EXAM:

Exam	Findings	Details
Constitutional	Normal	Well developed, appears mildly ill
HEENT	Abnormal	Conjunctiva, PERRLA, turbinates swollen, TMs clear, oropharynx red without exudate. No sinus tenderness
Respiratory	Abnormal	rhonchi noted, clears with cough, effort without difficulty
Cardiovascular	Normal	RRR, S1S2, No murmurs, rubs or gallops
Skin	Normal	None noted
MSK	Normal	Visual overview of all four extremities normal
Neurological	Normal	Intact, memory normal
Psychiatric	Normal	A/O x 4, Appropriate mood/affect

ASSESSMENT/PLAN:

1. Assessment: Bronchitis, allergic rhinitis
Impression: Patient comes to clinic because of the above-mentioned complaints. States cough is better "because I coughed everything up." Advised of CXR results. Likely viral in nature.
Plan Orders: Albuterol inhaler 2 puffs BID x 2 weeks, Prednisone 50mg po daily x 5 days, Flonase 1 spray each nostril x 2 weeks.
2. Other: F/U if no improvement or worsens or fever > 101.4 develops.

MEDICATIONS (Added, Continued, or Stopped today):

Start Date	Medication	Directions	PRN status	DC date
03/28/2019	Prednisone 50mg po daily x 5 days Albuterol inhaler 2 puffs BID x 2 weeks Flonase 1 spray each nostril x 2 weeks			

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